

Books for Youth—in the MUMC Library, Room 110

The Dateable Rules: A Guide to the Sexes by Justin Lookadoo and Hayley Morgan DiMarco

Teens learn to understand the opposite sex and make good choices based on the Bible's insights about men and women. Specifically, guys will learn that God loves adventure and that there is a difference between a spiritual and a physical adventure. Also, guys learn how to be a gentleman (opening doors for girls and carrying the box of leftovers from dinner, etc.). Girls will learn that beauty is defined by God, not supermodels. Also, they learn the secrets of staying confident and how to let a guy lead.

Every Young Man's Battle by Stephen Arterburn, Fred Stoeker, with Mike Yorkey

In a society where sexual images are lurking around every corner, Stephen Arterburn and Fred Stoeker aid young single Christian men in achieving sexual purity. This book focuses on the standard of sexual purity given in Ephesians 5:3 and explains how a relationship with Jesus Christ is the way to attaining the goal of purity. *Every Young Man's Battle* will help young men to train their eyes, ears, and brains to remain pure in a culture saturated with sexuality.

Mean Girls: Facing Your Beauty Turned Beast by Hayley DiMarco

Mean Girls explains why girls are cruel and shows how to deal with them, how to stop the cycle of Mean, and even how to remove Mean altogether. Hayley DiMarco explains why some girls treat others badly, what God thinks about Mean Girls, why hanging out with a Mean Girl can be bad for a girl, and how to move on and find new, healthier relationships.

Pure: A 90-Day Devotional for the Mind, the Body, & the Spirit by Rebecca St. James

This devotional focuses on living a radical life of faith. The body, the mind, and the spirit are all meant to be in sync with God's design. Rebecca St. James shares her heart, her passion, and her energy in this book, offering insight into the quest for purity. She's walking this journey with you, and she's radically committed to total purity, not just when it comes to sex, but when it comes to all of life.

Reviving Ophelia: Saving the Selves of Adolescent Girls by Mary Pipher, PhD

This book contains the unmuted voices of girls from the front lines of adolescence, personal and painfully honest. By laying bare their harsh day-to-day reality, *Reviving Ophelia* issues a call to arms and offers parents compassion, strength, and strategies with which to revive these Ophelias' lost sense of self.

Student's Guide to the Bible by Stephen M. Miller

Student's Guide to the Bible provides youth with a fast paced topical sections covering what the Bible says on key life issues, the top 50 heroes and jerks of the Bible, 66 Books-The Short Course which is a quick highlight of the facts of each book of the Bible, and tips to help study the Bible. It is a guide for students to better understand the Bible and what it has to say about prevalent problems that are facing today's youth.