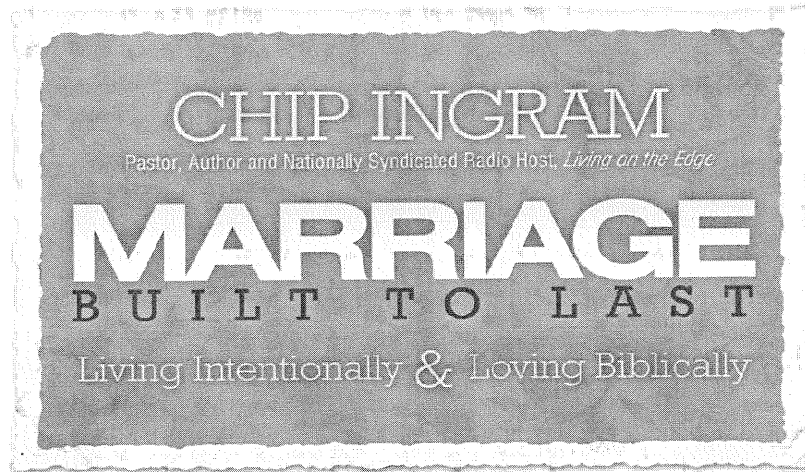


## Welcome to Lakeview Church's Marriage & Family Ministry



### Marriage and Family Ministry The "*Marriage: Built to Last*" Series

#### 7 Sessions Dealing With:

- 1) ~~Adjusting to Expectations~~ <sup>(1/2/8)</sup>
- 2) ~~Learning to Communicate *Clearly*~~ <sup>(1/5)</sup>
- 3) ~~Communicating "*Love and Respect*"~~ <sup>(1/19)</sup>
- 4) Breaking Down Walls <sup>(2/2)</sup>
- 5) Resolving Conflict <sup>(2/16)</sup>
- 6) Restoring Sex and Intimacy <sup>(3/1)</sup>
- 7) Striving for a Christ-Centered Marriage <sup>(3/15)</sup>

# Marriage and Family Ministry

## REVIEW Session #3

### *Communicating with Love and Respect*

*Crazy Cycle  
Energizing Cycle  
Rewarded Cycle*

Discussions and Sharing

2/2/2012 12:15 PM

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# Marriage and Family Ministry

## REVIEW Session #3

### *Communicating with Love and Respect*

*C-O-U-P-L-E: Spells Love for our Wife  
C-H-A-I-R-S: Spells Respect for our Husband*

Discussions and Sharing

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Marriage and Family Ministry  
Tonight's Topic

*Breaking Down Walls*

Material

*28 minute DVD with  
Study / Discussion Questions*

Skit from DVD

*"Rambo and Juliet"*

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Marriage and Family Ministry  
Breaking Down Walls  
Flow of DVD

1. *Welcome: Todd and Blynda Lane (:40)*
2. *Couple #1 - Gary and Elizabeth (1:45)*
  - A blended family & the "dad" role.
  - Siding with the children vs. husband
  - Emotionally tied to children - too "easy-going", gave into kids.
  - He did not feel appreciated

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## Marriage and Family Ministry

### Breaking Down Walls

#### 3. Insight by Chip Ingram (2:25)

- Four things that build ONENESS in marriages
- First, the “Fuel” is Commitment
- Second, “Oil” is Communication
- Third, “Tune-Up” is Caring
- Fourth, the “Navigation System” is our Commission – Serving Together.

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## Marriage and Family Ministry

### Breaking Down Walls

#### 4. Couple #2 – Amanda and Kevin (2:40)

- Amada was not welcomed into family
- Kevin felt Amada was “over sensitive” and “blowing things out of proportion”.
- Kevin failed to “protect and care for” his wife.

#### 5. Insight by Chip Ingram (2:10)

- Building Oneness: The “Oil” is Communication and is needed when things “Heat-up”.

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## Marriage and Family Ministry

### Breaking Down Walls

#### 6. Couple #3 - Shane and Alissa (3:05)

- In-laws ALWAYS here, Alissa cares for them and neglects Shane.
- *Shane*: Loneliness, isolation, depression
- *Alissa*: Pulls away; sought happiness elsewhere, hid from “unhappiness at home”

#### 7. Insight from Chip Ingram (2:50)

- Depression and Withdrawal - Drift is Occurring.
- Building Oneness: “Tune-up” is *Caring*.

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## Marriage and Family Ministry

### Breaking Down Walls

#### 6. Couple #4 - Christie and Chris (3:05)

- Moved away from ALL support structures.
- Anger, frustration, neglect lead to an affair.

#### 7. Insight from Chip Ingram (4:15)

- Building Oneness: The Navigation System in a marriage is “Commission”.
- As a married couple: “Where are you going?”; “What is your purpose?”

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Marriage and Family Ministry  
Breaking Down Walls

8. Closing: The Lane's (:30)

*"No lasting change occurs until you put  
TRUTH into PRACTICE."*

*ACTION, not just KNOWLEDGE is what has  
to happen in we really want to change.*

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Marriage and Family Ministry

**"Breaking Down Walls"**

**WATCH THE VIDEO**

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## Marriage and Family Ministry

### Breaking Down Walls

#### Let's Discuss:

1. What would you say to the people in the real-life stories?
2. What issues strike you as important?
3. Any Words or phrases pop out that you want to remember?

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## Marriage and Family Ministry

### Chip's Insights on the Four Things that Builds Oneness.

First, the Fuel is Commitment. (Heb. 13:5)

- *A Commitment to Love* - The choice to say "I am in this for the long run, and I will love you regardless of the situation".
- *Love Defined*: Giving the other person what they need the most when they deserve it the least, an great personal cost. (Jesus on the Cross).

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## Marriage and Family Ministry

### Chip's Insights on the Four Things that Builds Oneness.

#### Second, the Oil is Communication

- A lifelong skill to understand and get into the mind and heart of your mate.
- Use the tools: The *Conference*, the "*I feel*" statements, Word Pictures...
- Like any good car, the engine is going to heat up, so you need the oil of communication.

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## Marriage and Family Ministry

### Chip's Insights on the Four Things that Builds Oneness.

#### Third, the Tune-Up is Caring

- You can be committed with *Agape love*, and be united spiritually with prayer – but it is just as important to be "Best Friends".
- To *plan time together*, to *have fun together*, to *"goof off" together*.
- How do you do that in a relationship?

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## Marriage and Family Ministry

### Chip's Insights on the Four Things that Builds Oneness.

#### Fourth, the Navigation System is *Commission*

- More Overarching – Get on the same page.
- Doing something bigger than yourself can pull couples together – same goal and mission.
- Where are you going as a couple?
- Talk together: "*As a couple, what is our mission, what is our vision?*"
- Aligning it to Christ and it may prevent some of the pain that we just observed.

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## Marriage and Family Ministry

### Warning

When Chip spoke about Shane and Alissa he said that they were the "Classic Prototype" – *A couple who loved God, loved one another, had a little symptom, who ended up separated and then divorced.*

Don't think "*This can never happen to us*". The issue for us is "*What can keep my marriage from ending like that because my heart CAN grow cold and hard?*"

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## Marriage and Family Ministry

### Breaking Down Walls

*"No lasting change occurs until you put  
TRUTH into PRACTICE."*

*ACTION, not just KNOWLEDGE is what has  
to happen in we really want to change.*

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## Marriage and Family Ministry

### Conclusion

Take time over the next two weeks to go over  
this session questions and spend time  
talking about them and putting them into  
practice...

Next Session (#5): Feb. 16<sup>th</sup>  
*Resolving Conflict*

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